



PIEDMONT DISTRICT

FOOTPRINTS

VIRGINIA FEDERATION OF GARDEN CLUBS, INC.
MEMBER, NATIONAL GARDEN CLUBS, INC.
VOLUME 33, NO. 4 SUMMER 2022

A Message from President Sally Harrison

It was so good to see many of you at our **Spring Piedmont District Meeting on March 21**. Our featured designer Al Brockwell delighted us all with his fabulous “Spring Fling” designs. Many thanks to *Diane Burgess – Hospitality Chair and JoAnn McNabb – Program Chair* for making the day so special.

We appreciated the way that *Pam Mann*, our Chaplain, memorialized departed members. See her message on the next page of this newsletter.

One special part of each Spring Meeting is the presentation of District Awards. Thanks to *Joanne Wallace* for her excellent organization. The District Awards are all listed in the newsletter. We set our theme as “**Let’s Get Going**” – and you can certainly tell from the awards that we have done just that! Congratulations to all the award winners. Clubs have been busy –not just :”busy” – but truly making an impact:

- creating gardens
- restoring or beautifying buildings and sites
- working with youth
- supporting senior citizens
- creating excellent design programs

Also, a feature at our meeting was the awarding of **2022 Piedmont District Grants**, ably led by *Jean Fender*. The clubs receiving district grants are:
Sleepy Hollow
Thomas Jefferson
Woodland Pond

As I write this, we have just finished with the VFGC State Convention on our district “turf” at the

Short Pump Hilton. What a glorious convention it was! I was so proud of the Chairs from Piedmont District – *Diane and JoAnn* – and of all the members of Piedmont District Clubs who devoted their time and talents to making the Convention a success.

The final day of the Convention was Awards presentation day – and I was again beaming with pride at the **33 VFGC Awards** won by 11 of our Piedmont District clubs. Additionally, **five of our district clubs received seven awards from the Southeast Atlantic Region**. Congratulations to all!

Please post our new “Celebrating Virginia Gardens” yard signs during National Garden Week June 5-11. I have yard signs for those clubs that did not pick them up at Convention. Please contact me. It would be wonderful if you could share photographs with *Footprints* and *ODG* about how your club celebrated “National Garden Week” and posted signs!

Save the date for our **Fall District meeting on Monday, October 17, 2022!** We will be back at The Doubletree. More about the District meeting will be sent out by email in August and will be announced in the Fall edition of *Footprints!*

Again, thank you for all that you are doing to support your Garden Club, the Piedmont District and VFGC. Have a wonderful summer! *Keep Going and Digging into Action!*

Sally

Sally.c.harrison@gmail.com H: 804-784-2851

Remembering Our Friends

*Pam Mann, District Chaplain
As Presented at the
Piedmont District Spring Meeting*

Each and every flower, tree, herb, and grass works hard on its own to be all that it can be. Together, they represent nature at its best. So, it is with our garden club members. They make us who we are, at our best.

We now, dear Lord, call to mind 14 of our garden club friends who have departed since March, 2021. Piedmont District offers heartfelt condolences to the following clubs.

Joady Chaplin	Chancellor GC
Jan Shriver Past President	Chesapeake Bay GC
Patsy Sylvia Past President	
Doris Crowell	Chester GC
William Carey Glasscock	Crew GC
Ruth Higginbotham Parrish Past President	Fluvanna GC
Lella Lee Edwards Josie Crichton Katherine Pickle Mary Loftus	Rappahannock GC
Anne McKenney Grigg Nancy Armstrong Sundin Jane Sewell	River Road GC
Peggy Boyd	Thomas Jefferson GC

For lo, the winter is past,
the rain is over and gone,
The flowers appear on the earth,
The time of the singing of birds is come,
And the voice of the turtle(dove)
is heard in our land.

Piedmont District 2022 Grant Awards

Jean Fender, PD Grants Chairman

Congratulations to the following clubs who received grants for their landscaping projects this year.

Sleepy Hollow Garden Club is celebrating its 60th anniversary this year and wants to create a garden where they meet at Epiphany Lutheran Church – a garden to attract birds, bees, and butterflies, serving as a place of interest for church members and as a learning opportunity for children at the church’s pre-school. The garden will be comprised of native plants and will be a natural, balanced garden without the use of pesticides and fertilizers. The club will enhance the site by the placement of a Bluebird Nest Box and use signage about the plants and their pollinators.

Thomas Jefferson Garden Club is starting Phase I of a project at Sabot School at Stony Point where they meet. They plan to renovate the landscape by replacing existing shrubbery in front of the school with a focus on native plants including pollinators. This will benefit the children who attend and outdoor classrooms in learning about invasive species, native plants, the process of pollination, life cycles, animal habitats, and plant identification.

Lastly, **Woodland Pond Garden Club** will be rejuvenating an existing youth garden area at O.B. Gates Elementary School in Chesterfield, consisting of 7 raised beds started in 2019, but because of COVID, the area has not been maintained since then. The Club plans to make the garden area accessible for students to learn about plants and food sources. Initially the raised beds will be allocated for pollinators, spring veggies, fall arrivals, and sensory plants, using organic products and seeds.

CALENDAR

May 31	Deadline, Piedmont District Dues
May 31	Blue Star Memorial Dedication
Jun 5-11	NGC "National Garden Week"
August 1	<i>Footprints</i> and <i>ODG</i> Deadlines for Fall Editions
August 22-25	VFGC Flower Show School III
September 15	Application Deadline – VFGC Grants to Beautify and Restore
September 15	Application Deadline – VFGC Youth Project Grants
October 17	Piedmont District Fall Meeting

Piedmont District Dues Reminder

Don't forget!! It's time to pay your Piedmont District annual dues - \$20 per club. Just complete the attached form and send it and your check payable to Piedmont District VFGC to Linda Nau, Treasurer; her address is on the form. The deadline is May 31, 2022.

Blue Star Memorial Dedication

Barbara Hollister, Chair

Blue Star Memorial Dedication
May 31, 2022 @11:00 am
Virginia War Memorial
621 South Belvidere Street
Richmond, Virginia 23220

Please plan to attend. Let's honor our armed service men and women. Those who have served, those serving now, and those who will serve our great United States of America.

Any questions please contact
Barbara Hollister. 804-339-0298
budhollister@gmail.com.

VFGC Projects

Kathy Ward, VFGC 2nd Vice President



Display Your VFGC Decals Proudly!

To order your decals, contact Barbara Hollister (bedhollister@gmail.com) or Mary Owen (rxowen@aol.com). Decals are \$3, two for \$5. Proceeds from the decals will be used to purchase a Blue Star Memorial to be placed at Lewis Ginter Botanical Garden.

Piedmont District Clubs – post the new VFGC “Celebrating Virginia Gardens” signs for National Garden Week June 5-11 – where your club meets, at community sites you have beautified, anywhere!



Clubs are encouraged to participate in VFGC's Trex® plastic film recycling program that allows community groups to earn a beautiful Trex® bench with the collection of 500 lbs. of plastic film.

Each club that wishes to participate must go to www.trex.com and register. The program we are participating in is the Community and University Challenge Programs. For questions or more information, contact Carolyn Nichols (CLNichols@centurylink.net) or Mary Owen (rxowen@aol.com).

**See the Piedmont District
Trex® Bench Winners
on page 9**

VFGC Convention 2022

Diane Burgess and JoAnn McNabb, Co-Chairs



**Let's Dig into Action
Together**

**88th Annual Convention and
An NGC Design Specialty Flower Show
May 1-3, 2022
Short Pump Hilton Hotel & Spa**

71 Piedmont District members attended the state convention just concluded. We are so grateful to the many Piedmont District members who served on our Convention Committee: *Claudia Cosby*, Registrar, *Melissa Damiano*, Credentials, *Martie Parch*, Hostesses, *Jane Earle*, Silent Auction Chair, *Sally Harrison* and *Rebecca Elston*, Vendors; *Gail Goodrich Harwood*, Program.



Piedmont District President *Sally Harrison* with the Honor Arrangement created for her by *Frances Thrash*, President Richmond Designers' Guild



Janet Minock
Thomas Jefferson GC
Flower Show
Blue Ribbon
"Floral Illusions"

Gail Goodrich Harwood
Sleepy Hollow GC
Blue Ribbon & Education
Div. Award – Penny Pines



Mary Arakelian and Lili Aram-Bost
Salisbury GC and Designers' Guild Members
Convention Luncheon Design Program Presenters



Kathy Ward, Salisbury GC
Creator of the Honor Arrangement for Mary Owen

Piedmont District Awards Announced at the Spring Meeting

Joanne Wallace, Awards Chair



S-21	PD-14	Floral Design Program Sleepy Hollow GC
S-21	PD-14	Floral Design Program Westham GC
S-26	PD-15	Community Landscaping Hilliard Park GC
S-26	PD-15	Community Landscaping Midlothian GC
S-28	PD-12	Plant Together Community Garden – Salisbury GC
S-30	PD-9	Decoration of Historic Building Violet Bank GC
S-31	PD-10	Horticulture Therapy Salisbury GC
S-31	PD-10	Horticulture Therapy Midlothian GC
S-32	PD-11	Horticulture Therapy Garden Project Hilliard Park GC
S-34	PD-18	National Garden Week Salisbury GC
S-39	PD-23	Horticulture Education for Youth -Salisbury GC
S-42	PD-28	Publications – Membership Card -Sleepy Hollow GC
S-42	PD-28	Publications – History Sleepy Hollow GC
S-43 A	PD-29	Newsletter Hilliard Park GC
S-43 A	PD-29	Newsletter Sleepy Hollow GC
S-43 B	PD-29	Newsletter Amelia GC

S-43 B	PD-29	Newsletter Thomas Jefferson GC
S-43 B	PD-29	Newsletter Salisbury GC
S-44 (1)	PD-30	Yearbook Violet Bank GC
S-44 (2)	PD-30	Yearbook Sleepy Hollow GC
S-44 (3)	PD-30	Yearbook Stonehenge GC
S-44 (4)	PD-30	Yearbook Chesapeake GC
S-44 (6)	PD-30	Yearbook Salisbury GC
S-45	PD-31	Flower Show Schedule Chesapeake Bay GC
S-47	PD-33	Website Chesapeake Bay GC
S-47	PD-33	Website Salisbury GC
PD-17		Membership Kilmarnock GC
PD-17		Membership Woodland Pond GC
PD-17		Membership Windsor Farms



S-43 (A3)	PD-29	Newsletter Stonehenge GC
S-44	PD-30	Yearbook Hilliard Park GC
S-44	PD-30	Yearbook Thomas Jefferson GC
S-44	PD-30	Yearbook River Road GC
S-44	PD-30	Yearbook Midlothian GC

Congratulations to Piedmont District Clubs Honored with State Awards



S-47 PD-33 Website
Midlothian GC

PD-17 Membership
Northam GC

S-47 PD-33 **Website**
Midlothian GC

PD-17 **Membership**
Northam GC

PD-17 **Membership**
Thomas Jefferson GC

PD-17 **Membership**
Crestwood Farms GC



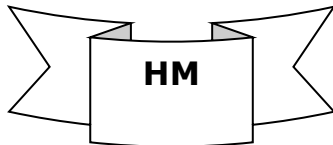
S-32 PD-11 **Horticultural Therapy
Garden Project**
Rosecrest GC

PD-17 **Membership**
Roslyn Hills GC

PD-17 **Membership**
Wonder City GC

PD-17 **Membership**
Surry GC

PD-17 **Membership**
Westham GC



PD-17 **Membership**
Sleepy Hollow GC

PD-17 **Membership**
Wyndham GC

Trex Plastic Film Recycling Challenge
Blue – Violet Bank GC

Litter/Recycling
Blue - Violet Bank GC

Floral Design Program
Blue – Sleepy Hollow GC
Blue – Westham GC

Community Landscape Design
Red – Hilliard Park GC
Blue – Midlothian GC

Plant Together Community Garden Project
Blue – Salisbury GC

Decoration of Historic Building
Blue – Violet Bank GC

Horticulture Therapy without a Garden
Blue – Midlothian GC
Red – Salisbury GC

Horticulture Therapy Garden Project
Blue – Hilliard Park GC

Membership
Blue – Windsor Farms GC
Yellow – Crestwood farms GC

National Garden Week
Blue – Salisbury GC

Youth Horticulture Education
Red – Salisbury GC

Publications – History
Blue- Sleepy Hollow GC

Publications -Membership Card/Brochure
Blue – Sleepy Hollow GC
Red- Chesapeake Bay GC
Blue – Salisbury GC

Newsletter of 1-2 Pages
Blue – Hilliard Park GC
Red -Sleepy Hollow GC

Newsletters of 3-112 pages
Red – Amelia GC
Red – Thomas Jefferson GC
Yellow-Salisbury GC

Club Yearbooks under 20 members
Red – Violet Bank GC

Club Yearbooks 20-29 members
Blue – Sleepy Hollow GC

Club Yearbook 30-44 members
Blue – Stonehenge GC

Club Yearbook 45-69 members
Blue – Chesapeake Bay GC

Club Yearbook 100-299 members
Blue – Salisbury GC

Flower Show Schedule
Blue – Chesapeake Bay GC

Website
Blue -Chesapeake Bay GC
Blue – Salisbury GC

Smokey Bear/Woodsy Owl Contest
3rd grade – Maria Lugo Garcia, sponsored by
Salisbury GC

**SOUTH ATLANTIC REGION AWARDS
For Piedmont District Clubs**

National garden Week large club
Salisbury GC

Litter, Recycling, Reclamation small club
Violet Bank GC

Website
Chesapeake Bay GC

Yearbook, medium club
2nd place – Sleepy Hollow GC
3rd place -Stonehenge GC

Yearbook large club
1st place – Salisbury GC

Standard Flower Show Schedule
Chesapeake Bay GC



Tahiti” – Daffodil Society Show winning entry by
Jane Earle, Piedmont District Horticulture Chair

Why Do Birds Peck at Windows?

by Jean Tremaine, Amelia GC



One of the upsides to gardening is creating a habitat that attracts birds and other pollinators. We see all the “common” birds in our rural garden regularly: turkeys, crows, grackles, woodpeckers, flickers, cardinals, robins, jays, bluebirds, finches, chickadees, and a menagerie of beloved small brown and grey birds.

Add grosbeaks, hummingbirds, orioles, indigo buntings, tanagers, and warblers during the summer.

We see predators, too: hawks, bald eagles, and owls. Unfortunately, we’ve also found dead birds that fly into windows when they race away from these skilled hunters. Tape or stickers on window glass can help redirect these frightened flyers.

But most frustrating for us are birds that peck relentlessly at windows—over and over, following us from room to room and flinging themselves at the glass. We develop sympathetic headaches watching them.

Male cardinals excel at this odd behavior. One in our garden began doing this at Thanksgiving and is still at it in May. We’ve tried everything to get him to stop.

Initially, we were sure our three dogs bounding around would end the behavior. They were no deterrent; they’ve welcomed him as a new pet.

Sometimes, he bangs 20 times/minute for several hours. Yes, we’ve counted!

Why do birds do this? Books say they’re territorial, especially during mating/nesting season—and believe they are chasing away the ‘other’ male bird they see reflected. OR they eat so many fermented berries in winter that they’re drunk and behave stupidly. OR they see plants/floral fabric through the windows they want to investigate.

How do you stop this behavior? Pull down shades to block the view. Tape predator images on the glass. Remove fermented fruit. Prop up a mirror in the garden to redirect them away from windows. But none of these ‘solutions’ worked for us.

The only thing that stops *our cardinal* is OPEN windows. Our windows open outwards and that gives him pause. If we crack open windows in most rooms simultaneously, he stops pecking. But as the summer heats up, that’s a problem.

His mate is nesting, so with luck, he will grow bored with us and start taking care of his offspring soon.

Northern Cardinal by Bob Schammerhorn, used with permission



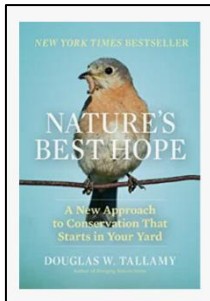
“Gardening is cheaper than therapy. And you get tomatoes.”

- Author Unknown

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Backyard National Park

Donna Cottingham, *Native Trees and Heritage Plants*



In his book *Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard*, entomologist and author Douglas Tallamy proposes the largest conservation initiative ever conceived. The concept would

help mitigate the climate crisis, improve the environment, and combat urban sprawl with a healthy new 20-million-acre ecosystem for wildlife. This monumental conservation effort begins in our own back yards.

For many years we have focused on beautiful green lawns, lawns that require regular upkeep with intensive watering, pesticides, herbicides, and gas-powered mowers. A lawn is a dead zone that offers zero food or habitat benefits to nature. And lawns represent 40 million acres of land in the U.S. Tallamy proposes that if every landowner in America converted “half of his or her lawn to productive native plant communities,” we could convert 20 million acres of wasteland into a healthy ecosystem for birds and wildlife.” According to Tallamy, the connectivity of all the habitats created would be larger than “The Everglades, Yellowstone, Yosemite, Grand Tetons, Canyonlands, Mount Rainier, North Cascades, Badlands, Olympia, Sequoia, Grand Canyon, Denali, and The Great Smokies *combined*.”

The book is filled with insightful and useful information. The author suggests we should think of our lawn space as area rugs instead of wall-to-wall carpet. By converting half of our lawns to habitat, together we can play an active role in environmental stewardship.

Garden Clubbing in the Piedmont

An elegant celebratory cake? Look closely. It's a stunning Botanical Arts project: a floral cake! *Salisbury Garden Club* members participated in a workshop led by *Kathy Ward* back in the dreary winter months. See the *ODG* for more!



Plastic Film Recycling Project

Congratulations to Piedmont District Clubs that have surpassed their goal and earned a beautiful Trex® garden bench made of recycled plastic!

Canterbury Garden Club

Sleepy Hollow Garden Club

Stonehenge Garden Club

Violet Bank Garden Club



**BIG YARD SALE
BAKE SALE
PLANT SALE
SATURDAY, JUNE 25**

8:00 am – 1:00 pm

(RAIN OR SHINE)

**CHRIST LUTHERAN CHURCH,
7809 WOODMAN ROAD**

(ACROSS FROM MOODY MIDDLE SCHOOL)

**Fundraiser for Hilliard Park
Garden Club Community Projects**

**“IT’S SUMMERTIME AND
THE LIVING IS EASY”**
AN NGC STANDARD FLOWER SHOW

PRESENTED BY
RICHMOND DESIGNERS’ GUILD
SATURDAY, AUGUST 6, 2022
9:00 a.m. – 3:00 p.m.

*Lewis Ginter Botanical Gardens
Kelly Education Center*
1800 Lakeside Avenue
Richmond, Virginia 23228
804-262-9887

Member of
National Garden Clubs, Inc.
South Atlantic Region
Virginia Federation of Garden Clubs, Inc.
Piedmont District

Admission to Lewis Ginter
Adults \$14 Seniors \$11 Children 3-12 \$8
Children under 3 Free

**Piedmont District
Clubs - Let’s display
our pride and
spread the word
during NGC
National Garden
Week!**



Go to the National Garden Clubs website to download this colorful *fillable format* poster.

www.gardenclub.org

Print these posters and spread them around – in addition to the “Celebrating Virginia Gardens” yard signs!

Calling All Photographers!

by Gail Goodrich Harwood, ODG Editor



Gardeners and Floral Designers are, by nature, enthusiastic photographers. Now's your chance to snag a cover shot! Our seasonal gallery highlights member talent and allows us all to appreciate gardens and

plants from around our state.

Here's how to submit:

- Select seasonal photographs to complement the ODG seasonal publication schedule: Fall, Winter, Spring, Summer (Take photos now for *next summer's edition*; look at your *old photos* for the next three issues.) Select either long shots or close-up photos
- Send 300 dpi jpegs – if submitting a phone photo, and your email gives you a size choice, select “Actual” or “Large” size
- Photographs for the cover must be ‘portrait’ orientation – inside gallery photos may be either portrait or landscape orientation
- If your photograph is not of your own garden or plant(s), please gain permission to print in the ODG
- Send to your district editor by the deadline (see inside back cover) – include your name and club name; add a caption & location
- Submission will be considered permission to print

Footprints & ODG

Send articles and photos in separate files to:

Gail Goodrich Harwood, Editor
email: Footprints@PiedmontDistrictVFGC.org
PHONE: 804-317-8091

Articles are due before the following deadlines:

AUGUST 1 – FALL

NOVEMBER 1 – WINTER

FEBRUARY 1 – SPRING

MAY 1 -- SUMMER

Please mark your calendars to allow time to meet the due dates. Electronic transmission preferred, photos and graphics encouraged. Please submit photos in jpeg format as separate files, not embedded in text. Submit text in Word format, non-pdf. All articles welcome: club projects, special events, announcements about upcoming events.

Mark the subject of your e-mail submission “Footprints” or “ODG” – ordinarily the same article will not appear in both publications, but some announcements and some parts of articles may appear in both.

Footprints masthead art: Black-eyed Susan and Bordered Patch butterfly

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Piedmont District 2021-2023 Officers

President	Sally Harrison
Director of Hospitality	Diane Burgess
Director of Programs	JoAnn McNabb
Treasurer	Linda Nau
Recording Secretary	Susan DelSordo
VFGC Nominating Comm Rep	Diane Burgess
Alternate	Janet Minock

The National Gardener
can be delivered
directly to your inbox. Free!
Subscribe on the NGC website:
www.gardenclub.org

**PIEDMONT DISTRICT DUES
2022-2023**

Club Treasurer,

It's time to renew your 2022-2023 Piedmont District membership. Annual Dues are **\$20 per club**. Thank you for using this form which is also provided on the Piedmont District Website, www.PiedmontDistrictVFGC.org.

Please mail this completed form and your \$20 check payable to **Piedmont District VFGC** to:

Linda Nau, Treasurer	804-514-0095
1810 Ethelred Court	naule@aol.com
Midlothian, VA 23113-3400	

Payment is due no later than **May 31, 2022**; please mail it today so it is not forgotten.

We look forward to working with you in the upcoming year. Thank you!

Club Name: _____

Club President 2022-2023: _____

Street Address: _____

City, State, ZIP: _____

Phone Number with Area Code: _____

Email Address: _____

Club Treasurer 2022-2023: _____

Street Address: _____

City, State, ZIP: _____

Phone Number with Area Code: _____

Email Address: _____

Club's Piedmont District Representative 2022-2023. (This is NOT the president. This is to be a 2nd person in your club to also receive email notifications from the Piedmont District. Since virtually all our communications are via email, it is most helpful if this person has an email address.)

Name: _____

Email Address: _____

Phone Number with Area Code: _____