



PIEDMONT DISTRICT FOOTPRINTS

VIRGINIA FEDERATION OF GARDEN CLUBS, INC.
MEMBER, NATIONAL GARDEN CLUBS, INC.
VOLUME 33, NO. 2 WINTER 2021

A Message from Sally Harrison Piedmont District President

The last time we could meet in person was October 2019. So, it was WONDERFUL to be together at the Piedmont District Meeting on October 18. Plans are underway for an exciting Spring Meeting, March 21. Please save the date!

VFGC President Mary Owen joined us at our district meeting and helped present JoAnn McNabb with a National Garden Club Life Membership in gratitude for her service as Piedmont District President. Dulcee Lawrence was presented a VFGC Life Membership by Stonehenge GC. Mary also noted VFGC member participation in VMFA Fine Arts and Flowers and the State Fair, and VFGC projects. I was surprised and grateful to receive a VFGC President's pin. Brenda McManaway presented a wonderful program.

The VFGC state convention is set for May 1-3 at the Hilton, Short Pump, co-chaired by our own JoAnn McNabb and Diane Burgess. Save the dates and see the sneak preview on pp 7-8.

We are members of the same Team: NGC, VFGC, and Piedmont District. Our shared Mission is to provide youth and adult education and promote the love of gardening, floral design, and civic and environmental responsibility. So "At Last, Let's Get Going! As we approach the Holiday Season, we all realize how blessed we are. I wish you and yours healthy and happy Holidays!

Sally

Sally.c.harrison@gmail.com H: 804-784-2851

Creating a Fall Group Mass Design

Brenda McManaway

Piedmont District Meeting Design Program Presenter
Blue Ridge District President and Boones Mill GC

This is one of the fabulous designs created by Brenda in her program at our Piedmont District Fall Meeting.

A "Group Mass Design" groups each flower type all together. In creating the design, you still must meet the Principles and the Elements of Design as described in the Handbook. All the components should be plant material. Oasis should be used in your Container to hold the components in place.



Plants featured in this design:
Starting at top, left is 'Safari Sunset'
To the right is 'Arundo donax,' a Giant Reed grass
Below the grass are 'Red Rover' Mums
To the left are Dried Okra, then Natural- Cattails
At the base, the greenery is 'Fatshedera lizei'

a Japanese Ivy. The red is Amaranthus. To the right is a Fancy Copper Mum. And another Japanese Ivy.

District Meeting Scenes...

Shopping with external vendors and at our own District Project booth



JoAnn McNabb was presented a National Garden Club Life Membership



Brenda's Tip: "I always drop things in clear glass vases, so I figure I might as well place blooms there intentionally!"

Designer Brenda McMannaway, VFGC Flower Show School Chair Frances Thrash, and Program Chair JoAnn McNabb



Using the Quiet Moments of Winter Wisely

Pam Mann, District Chaplain

Winter offers us an opportunity to transition from the hustle and bustle of holiday haste to a unique gardening venue. The season gives us many moments to refocus. It is a thinking time where we garden with our minds—and dream. As we nurture the tender seedlings of fresh thoughts, the word gratitude often begs to be explored.

One thing I do know, is that

- ❖ The more you fill your heart, soul and mind with love and thankfulness, the less room there is for anything else.

- ❖ *The more you love God, yourself, and others, the less room there is for anger and hate.

- ❖ The more you thank God for your life and every good thing in it, the less room there is for fear and worry.

So, how do we begin? First practice listening. This is the quiet time of the mind. Just close your eyes and you will hear all sorts of sounds. Perhaps it is the last droplet down the downspout after a rain. A bird cracking a nutshell on a limb. The rustle of dry leaves. The crunch of snow underfoot. The dripping of ice cycles caressed by the sun. These sounds provide a path that calms you inward.

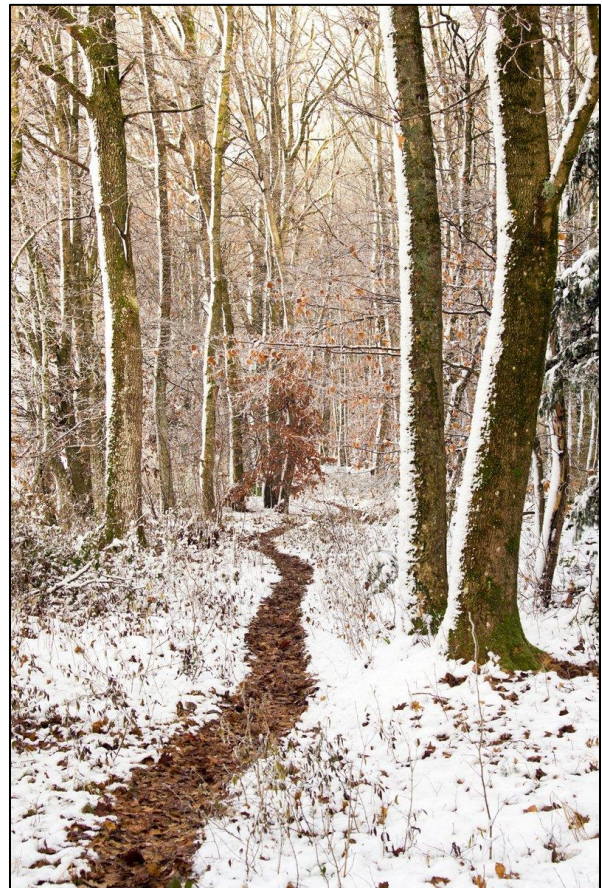
“Be still and know that I am God.” Psalm 46:10

And while listening is passive, thinking is not. Meditation helps the mind to focus. Shakespeare said, “There’s nothing either good or bad, but thinking makes it so.” Thoughts are like stars. You choose them as your guides, and following them, discover your destiny.

St. Paul said to the Philippians, “Let your minds be filled with everything that is true, everything that is honorable, everything that is upright and pure, with whatever is praiseworthy.” (Phil 4:8)

From the Japanese Version of the Twenty-Third Psalm:

The Lord is my pace setter, I shall not rush
He makes me stop for quiet intervals.
He provides me with images of stillness which
restore my serenity.
He leads me in ways of efficiency through
calmness of mind.
And His guidance is peace



Footpath through Snowy Woods, freeimage.com

CALENDAR

Dec 1	Awards Applications due to Joanne Wallace
Jan 7	Smokey Bear/Woodsy Owl posters due to Pat Merson
Jan 19	Piedmont District Board Meeting
Feb 1	<i>Footprints</i> Deadline, Spring Issue
Feb 15	Piedmont District Grant Deadline
Feb 28-Mar 2	VFGC Flower Show School II
Mar 21	Piedmont District Spring Meeting
April 4-6	VFGC Symposium, Richmond
May 1	<i>Footprints</i> Deadline, Summer
May 1-3	VFGC Convention, Richmond
Jun 5-11	NGC National Garden Week

Smokey Bear/Woodsy Owl Poster Contest Reminder

Pat Merson, Chairman



Smokey Bear/Woodsy Owl posters for the 2022 Poster Contest are due by January 7, 2022. Please visit the Piedmont District website for the contest information - contest rules and forms. Garden clubs please send completed *original* posters (one winning local poster from each grade 1-5). Send to arrive by January 7 to:
Pat Merson
11231 Woodland Pond Pkwy.
Chesterfield, Va. 23838

Thank you for supporting the 2022 Smokey Bear/Woodsy Owl Poster Contest. Let's have many winning posters from Piedmont District!

Piedmont District Grant Applications Due February 15, 2022

Jean Fender, District Grants Chair

Once again, Piedmont District will have funds to award for worthwhile Club Projects in your community.

There were no applications in 2021 due to the Covid pandemic. We're happy to say that the two winners in 2020, Hilliard Park Garden Club and Violet Bank Garden Club, have successfully completed their projects.

Worthy grant projects can include landscaping public spaces such as schools, other public building grounds, and roadsides.

Projects other than landscaping can also be submitted, including:

- Youth activities
- Garden therapy
- Blue Star Memorials
- Environmental projects

Priority is given to projects which support the Presidents' Projects (See the NGC, SAR, and VFGC websites to check out Presidents' Projects. These funds are for new projects or projects not yet completed that clubs would be unable to undertake without a grant.

Please consider participating in this valuable program. You may receive funding for a project that gives your garden club a sense of pride and recognition for work in your community.

The deadline is February 15, 2022. Winners will be announced, and checks awarded at the Spring District Meeting on March 21, 2022.

See grant application at the end of this issue of Footprints.

VFGC President's Projects

*Kathy Ward
VFGC 2nd Vice President*

Have you – or has your club – ordered and displayed your VFGC decals yet? The purpose of the decal project is to promote VFGC and the wonderful projects our clubs take on to beautify our communities and make the world a better place. To further this objective, VFGC decals are available for purchase. Decals are \$3 each or two for \$5.



Order Your Decals Today and Display Them Proudly!

To order your decals, contact Barbara Hollister (bedhollister@gmail.com) or Mary Owen (rxowen@aol.com).

Proceeds from the decals will be used to purchase a Blue Star Memorial to be placed at Lewis Ginter Botanical Garden.

Bonus! \$100 will be awarded to the club with the most participation.



Gail Goodrich Harwood used the decal in a new way while working the State Fair VFGC booth

Has your club launched its Trex® plastic film recycling project yet? All VFGC clubs can help “clean up the planet.” Trex®, the maker of composite decking material, operates a plastic recycling program that allows community groups to earn a beautiful Trex® bench with the collection of 500 lbs. of plastic film.



To participate, each club must go to www.trex.com and register. On the website, there is additional information about the program and support materials (flyers that tell what types of plastic can be recycled, posters). Promotional materials and bins to collect plastic will be sent to you once you register. **Your club selects a six-month period in which to collect plastic film for recycling and drop it off at one of many convenient locations.**

More information on the program can be found on the Trex® website: www.trex.com. At the bottom of the homepage, under Our Company, click on Recycling.

The program we are participating in is the “Community and University Challenge Program”. For questions or more information, contact Carolyn Nichols (CLNichols@centurylink.net) or Mary Owen (rxowen@aol.com).

What can be recycled?

All plastic must be clean, dry and free of food residue.



VMFA Fine Arts and Flowers Was a Resounding Success!

JoAnn McNabb, VFGC Liaison to FAF



Piedmont District was well represented by **clubs and designers** in the beautiful VMFA Fine Arts and Flowers event held October 20-24.

Begonia – Robin Williams

Chesapeake Bay - Rebecca Elston, Sharon Stieber, Darlene Nelson

Chester – Pat Merson

Fluvanna – Mary Owen

Ginter Park – Joyce Parker, Jody Taylor

Hanover Towne – Judy Durant

Kilmarnock – Genny Chase

Old Ivy – Jane VanDenburgh

Oxford – Melinda Snow, Suzanne Spooner-Munch, Kay Gray

River Road - Diane Burgess, Jane Earle Duncan, Sally Harrison, JoAnn McNabb

Rock Spring – Thea McGinnis, Sheila Moore

Salisbury - Mary Arakelian, Lili Bost, Ellen Huntington Pinnow, Lynn Nevasier, Kathy Ward

Sleepy Hollow – Gail Goodrich Harwood, Bonnie Parker

Thomas Jefferson – Judy Hodges, Andrea Metts, Janet Minock, Lynne Still

West Hanover –, JoAnn McNabb, Anne Rickman, Minh-Chau Truong

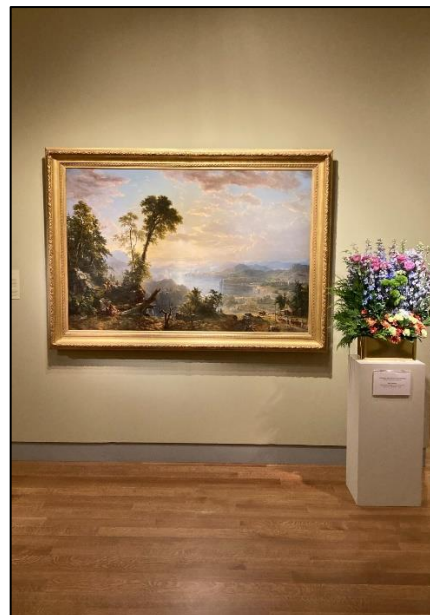
Windsor Farms – Barbara Jones

Windsordale – Johanna Gilbert, Bonnie Parker

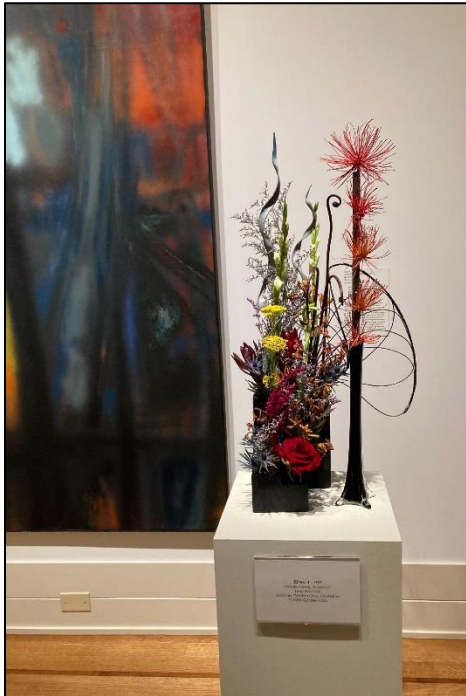
Woodland Pond – Pat Merson



Judy Durant interpreted a Greek urn: “Black-Figured Amphora and Lid with the apotheosis of Herakles” by Antimenes Painter



Sally Harrison interpreted a massive landscape and expansive theme: “Progress (The Advance of Civilization)” by Asher B. Durand



Lynn Nevasier interpreted a modern piece
"No.3 – 1957" by Hedda Sterne



Gail Goodrich Harwood interpreted an allegorical
landscape, "Sunset" by George Inness

NGC Penny Pines: Making a Difference!

Trees are a key "weapon" to fight climate change. You could plant a tree...or you could let the Forestry Service do it for you. How? The National Garden Clubs' "Penny Pines" program. Through NGC's collaboration with the US Department of Agriculture, the Forestry Service plants tree seedlings indigenous to areas damaged by natural disasters. Penny Pines "plantations" are a part of the USDA's regular National Forest reforestation program.

How can you and/or your garden club become involved? It's easy.

- Donations are made in increments of \$68
- The form may be downloaded from the Piedmont District website:
www.piedmontdistrictvfgc.org
- One form for each \$68 donation.
- Donations may be made to support specific areas, for example, areas of California impacted by wildfires – or areas in other states devastated by hurricanes.
- Donations may be made in honor of an individual or organization – NGC sends a beautiful certificate for presentation.
- Carol Medlin is the Piedmont District Chair:
medlinc3@gmail.com

Wouldn't a Penny Pines donation and certificate be the perfect gift?



Fred Anderson,
husband of Sleepy
Hollow GC First VP
Nancy Anderson, was
recently honored by the
club with a Penny
Pines donation for his
kind service to the club

VFGC Convention Preview

Diane Burgess and JoAnn McNabb, Chairs



DIG INTO ACTION



**Convention 2022
and Flower Show
Virginia Federation of Garden Clubs**

May 1-3

**Short Pump Hilton
11800 West Broad Street
Richmond**

An event to look forward to! Mark your calendars and plan to attend Convention 2022. VFGC President Mary Owen will preside over the convention.

The Venue

Short Pump Hilton is a beautiful venue just west of the Short Pump Mall. The hotel has excellent protocols in place and will take every step to ensure that we can meet safely. The convention facilities where we will hold our events are in a separate area adjacent to the hotel.

Program Highlight

Mary Arakelian and Lili Aram-Bost National Garden Club Designers

“Mother/Daughter Dynamic Designs”

Mary Arakelian is an NGC Master Flower Show Judge. She was the 2018 NGC Designer of the Year for the NGC “Vision of Beauty” calendar, only the second California



recipient of this unique honor. Starting in 2000, when she lived in New England, several of her designs have been published in “Vision of Beauty.” Mary’s creative floral designs have been featured in Design Dimensions for CFAA, and on recent OFAD CDs. After her move to California in 2006, she once again entered the NGC calendar contest; many of her designs have been published since 2011, including in the current 2022 calendar. Since moving to Virginia in 2021, Mary has joined the Richmond Designers’ Guild and exhibited in this year’s Fine Arts and Flowers at the Virginia Museum of Fine Arts (VMFA).

Lili Aram-Bost is also an NGC Master Flower Show Judge, crediting her mom for her loving encouragement and instilling the joy of creative floral design, especially with the Botanical Arts. Lili has also had many designs published in the NCG “Vision of Beauty,” CFAA’s “Design Dimensions,” and on OFAD’s CD. A past chairperson of Capitol Judge’s Council, Lili enjoyed participating as California Garden Club Flower Show Symposium Co-Chair, and Chairperson 2015-2020. Since moving to Virginia in 2021, Lili has joined the Richmond Designers’ Guild and Salisbury Garden Club.

All of Mary and Lili’s designs will be raffled off.

Workshops

You will have the opportunity to experience a unique program with *Kathy Ward*, Accredited Flower Show Judge from the Salisbury Garden Club, Piedmont District.



Kathy's program: "Thinking Inside the Box... Big Box (Hardware) Store"
What do PVC pipe, temporary blinds, dryer vent hose and gutter guard all have in common? Not only do they all come from your local hardware store, but they can all be used to make amazingly creative floral designs! In this presentation, Kathy Ward, NGC Accredited Judge, will show you a new way to look at these and other items from your DIY store. You will be amazed at the possibilities!

Captain Mike Ostrander will present a fascinating program on the return of the bald eagle population on the James River.



Discover the conservation success story of the breeding bald eagle population on the James River, where forty-six years ago, in 1975, they were locally extinct or "extirpated". Their comeback began in 1979-1980 when a single pair came back and had a successful breeding season. Today, over 340 pair of resident bald eagles call the James River watershed home,

making it the site of the greatest comeback of the bald eagle in the entire North American continent. That is impressive!

Brenda McMannaway, NGC Master Flower Show Judge, President of both Boones Mill Garden Club and the Blue Ridge District, will lead us in a hands-on workshop.



Brenda's workshop blends craft and floral design. Brenda will show us how to create a structure for design from a book, of all things!

Flower Show

In conjunction with the convention, we will be holding an NGC Small Standard Flower Show.

Flower Show theme:
"May Magic in Richmond"

All VFGC members in good standing will be eligible to enter the flower show. Look for details and a flower show schedule to be published in "ROOTED" – our VFGC e-newsletter.

Shopping

No convention is complete without shopping. Invited vendors include handmade pottery, jewelry, clothing, floral design accessories, and more!

The complete convention program and registration form will be published on the VFGC website and will be included in the spring issue of *Old Dominion Gardener*, which should be in your hands by mid-March.

Garden Clubbing in the Piedmont

Amelia County Garden Club

Valerie Whitehead, club president, announces that *Amelia County GC* will celebrate its **90th year anniversary** of their club at an event on December 9 at the Amelia County Administration Building. The celebration will feature sweet and savory snacks and the sharing of scrapbooks and photographs that chronicle 90 years of making their community beautiful. Congratulations!

Salisbury Garden Club

Congratulations to *Salisbury GC*, who has been awarded a \$250 **VFGC Youth Projects Grant**. *Salisbury GC* will sponsor several programs for youth. First, they will show preschoolers how to create gifts from planting paperwhites in the fall and a dish garden in the spring. Second, elementary students will learn how to make holiday baskets with fresh plant material; then in May, youth will learn how to create fresh flower arrangements. Finally, members will instruct elementary students from a disadvantaged area on fire prevention and basic environmental conservation.

Wonder City Garden Club

Wonder City GC, our newest Piedmont District club, received a \$300 **Beautify and Restore Grant** for their beautification project. Members are working in collaboration with the VFW, American Legion and the City of Hopewell to renovate Washington Circle, a war memorial park area in the center of Hopewell. Their 'assignment' is to remove overgrown shrubbery and create low-profile flower beds that will accent the granite memorials in the Circle.

Violet Bank Garden Club

Postpones
"Tis the Season"
Design Show and Luncheon

Featuring **Lisa Kochuba, Katie Bowman, and Christian Kochuba**
from
Over the Top Flowers

RESCHEDULED

Wednesday, February 9,
2022

at the Country Club of
Petersburg
1250 Flank Road, Petersburg,
Ticket donation: \$40.00
Available from Jan Pingel
804-526-8979

Piedmont District Memorial Moment

The traditional "memorial moment" will be held at the Spring 2022 meeting. Send notices of deceased members to Pam Mann pamann1724@yahoo.com. Include: club name, deceased member's name, year of passing, and whether she served as president and/or was a charter member.

*I prefer fall and winter,
when you feel the structure
of the landscape – the
loneliness of it, the dead
feeling of winter. Something
waits beneath it; the whole
story doesn't show.*

Andrew Wyeth

Piedmont District Officers 2021-2023 District Officers

President	Sally Harrison
Director of Hospitality	Diane Burgess
Director of Programs	JoAnn McNabb
Treasurer	Linda Nau
Recording Secretary	Susan DelSordo
VFGC Nominating Comm Rep	Diane Burgess
Alternate	Janet Minock

Calling All Photographers! *Gail Goodrich Harwood, ODG Editor*



Thanks to all members who have submitted their beautiful photographs, not only for the fall issue, but for future issues. This is a wonderful way to “travel” around the Commonwealth.

To submit your photographs:

- Select *seasonal photographs to complement the ODG seasonal publication schedule*. Select either long shots or close-up photos
- Send 300 dpi jpegs – if submitting a phone photo, and your email gives you a size choice, select “Actual” or “Large” size
- Photographs for the cover must be ‘portrait’ orientation – inside gallery photos may be either portrait or landscape orientation
- If your photograph is not of your own garden or plant(s), please gain permission to print in the *ODG*
- Send to your district editor by the deadline– include your name and club name; add a caption & location
- Submission is considered permission to publish

Footprints & ODG

Send articles and photos in separate files to:

Gail Goodrich Harwood, Editor

email: Footprints@PiedmontDistrictVFGC.org

PHONE: 804-317-8091

Articles are due before the following deadlines:

FEBRUARY 1, 2022- SPRING

MAY 1, 2022- SUMMER

AUGUST 1, 2022- FALL

NOVEMBER 1, 2022 – WINTER

Please mark your calendars to allow time to meet the due dates. Electronic transmission preferred, photos and graphics encouraged. Please submit photos in jpeg format as separate files, not embedded in text. Submit text in Word format, non-pdf. All articles welcome: club projects, unique events, announcements about upcoming events.

Mark the subject of your e-mail submission “Footprints” or “ODG” – ordinarily the same article will not appear in both publications, but some announcements and some parts of articles may appear in both.

Footprints masthead art: Black-eyed Susan and Bordered Patch butterfly
© 2021 G Goodrich Harwood

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can be delivered
directly to your inbox. Free!
Subscribe on the NGC website:
www.gardenclub.org

PIEDMONT DISTRICT GRANT APPLICATION
Deadline – February 15, 2022

Club: _____ Number of Members: _____

Club Contact

Name: _____

Address: _____

Phone: _____ Email: _____

Type of Project: _____

(Can include Landscaping Public Spaces such as schools, other public building grounds, roadsides, etc.; Youth Activities; Garden Therapy; Blue Star Memorials; or other Environmental and Community Projects.)

Project Beginning Date: _____ Proposed Completion date: _____
(Completion date should be no later than March 1, 2023)

Clearly describe your project on one side of paper. Use up to three additional sides for landscape plans, budget, and before photos.

- Location of project.
- Purpose of the project and who it will benefit.
- If a landscape project, give approximate dimensions and include copy of landscape plan.
- Include “before” picture of area.
- Include list of plant material.
- Include a proposed budget and source of funds, i.e., from club, outside.
- Source of staffing, i.e., club members, others.
- If this is a new phase of a project, briefly describe what was previously done and include a photograph of the previous project.
- Who will maintain the property once it is complete?
- If not a landscape project, fully describe the project.
- Priority and weight will be given to projects that support the Presidents Projects (NGC, SAR, VFGC). These funds are for new projects or projects not yet completed that clubs would be unable to undertake without grant.

PLEASE SUBMIT YOUR APPLICATION BY **February 15, 2022**, TO: JEAN FENDER, PIEDMONT DISTRICT GRANTS CHAIRMAN, 10000 Berry Pond Lane, MECHANICSVILLE, VA 23116-2707, OR EMAIL IT TO JEAN.FENDER@COMCAST.NET. ANY QUESTIONS CALL 804-730-2256. WINNERS WILL BE ANNOUNCED AND CHECKS AWARDED AT THE DISTRICT SPRING MEETING ON MARCH 21, 2022.